



**HARVARD**  
MEDICAL SCHOOL

Beth Israel Deaconess  
Medical Center

# Testosterone Therapy and Men's Health

Demystifying the Hype with Science to Provide  
Cutting-Edge Treatment for Your Patients



UNDER THE DIRECTION OF:  
**Abraham Morgentaler, MD**



**2 Resort Destinations**

**JW Marriott Orlando, Grande Lakes**  
Jan. 15-16, 2021



**The Westin Kierland Resort & Spa**  
June 4-5, 2021

**NEW! Livestream option available**



Dear friends,

Testosterone therapy has been controversial since it first became available in the 1930s. Today, we know that not only do men with testosterone deficiency suffer from a variety of troubling sexual and non-sexual symptoms, but also that there are important health risks associated with untreated testosterone deficiency, including obesity, decreased bone mineral density and increased mortality. We now have level 1 evidence that testosterone therapy provides valuable benefits to men, and numerous medical societies have published guidelines endorsing the use of testosterone therapy.

Yet there remains a poor knowledge base among physicians and considerable misunderstanding of testosterone therapy, its benefits and its risks! There is confusion as to who is a candidate, how to make the diagnosis, how to treat and what are the actual risks, including cardiovascular and prostate cancer.

I have been researching and publishing on this topic for over 40 years, while gaining extensive clinical experience in my medical practice as the founder of the first comprehensive men's health center in the US. My work has helped transform our understanding of the relationship between testosterone and prostate cancer, and it has been gratifying to see the field evolve as ideas once considered "dangerous" have now become mainstream as the implications of that research have been widely accepted.

I am delighted to be able to offer this course, addressing not only testosterone issues, but also a number of men's sexual health problems. These are common issues encountered by healthcare providers treating middle-aged and older men every day. The superb faculty and I will provide a comprehensive, evidence-based approach to these issues, combined with pearls from clinical experience, so that you will be able to return to your practice with improved comfort and confidence to effectively help your patients with testosterone deficiency and other sexual concerns.

Please join us at one of our two course offerings: **January 2021 in Orlando**, and **June 2021 in Scottsdale**. You will learn invaluable information while enjoying these beautiful locations.

Abraham Morgentaler, MD, FACS  
*Course Director*

*This course is an incredible opportunity to learn about testosterone therapy directly from one of the pioneers in the modern era, Abraham Morgentaler, MD, together with his outstanding faculty.*

—Mohit Khera, MD  
Professor of Urology  
Baylor College of Medicine  
Secretary, Sexual Medicine Society  
of North America

## Who Should Attend

This special program provides cutting-edge education for:

- Endocrinologists
- Urologists
- Primary care providers
- Geriatricians
- NPs
- PAs
- Other clinicians who treat low testosterone and male sexual health issues

## Reasons to Attend

**Testosterone therapy is one of the most controversial topics in medicine**, yet multiple medical societies endorse its use, supported by level 1 evidence showing a variety of health benefits. This innovative and comprehensive course will focus on men's health issues, particularly testosterone deficiency and its treatment, and other male sexual dysfunctions. Studies indicate that nearly 40% of men over the age of 45 have overtly low testosterone levels, yet education in this area is extremely limited.

The course is led by men's health pioneer Abraham Morgentaler, MD, whose research in the field transformed our understanding of the science of testosterone in men. Dr. Morgentaler and the faculty will address the various controversies, demystify the topic with science and clinical experience and provide an evidence-based approach to treatment. The course will also address management of several common sexual problems for men, including erectile dysfunction and Peyronie's disease.

This program is endorsed by the Androgen Society

 Androgen Society

## Course Director



### **Abraham Morgentaler, MD, FACS**

President, Androgen Society  
Associate Professor of Urology  
Beth Israel Deaconess Medical Center  
Harvard Medical School  
Founder and Director  
Men's Health Boston

## Course Faculty



### **Abdulmaged Traish, PhD, MBA**

Professor Emeritus, Urology  
Professor Emeritus, Biochemistry  
Boston University School of Medicine  
Editor-in-Chief  
*Androgens: Clinical Research and Therapeutics*



### **Robert J. Carrasquillo, MD**

Instructor in Surgery  
Harvard Medical School  
Board-certified Urologist  
Beth Israel Deaconess Medical Center

## Registration Information

**Register early! We only accept 100 registrations per conference.**

**General Tuition: \$895**

**Students/Residents/Fellows: \$695**

**Livestream: \$695**

Your tuition includes breakfast, coffee and snack breaks, lunch and complimentary internet access. All attendees will receive an electronic version of the course materials.

**LIVESTREAM:** The course will be presented in its entirety and includes real-time audience-response questions, live demonstrations and interactive Q&A sessions. All livestream sessions are eligible for *AMA PRA Category 1 Credits™* and ABIM MOC points, as well as other relevant CME credits.

### Registration, Payment, Confirmation and Refund Policy

Registrations for Harvard Medical School CME programs are made via our secure online registration system. To register for this course, please visit the course website at [HMStosteroneCourse.com](http://HMStosteroneCourse.com).

At the end of the registration process, a \$10 non-refundable processing fee will be added to your registration. Credit card payments are accepted (Visa, MasterCard, or American Express). Postal, telephone, fax, and cash-payment registrations are not accepted. All fees are shown in USD.

Upon receipt of your paid registration, an email confirmation will be sent to you. Be sure to include an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation and certificate. **Please do not make non-refundable travel plans until you have received an email from our office confirming your paid registration.** Refunds, less an administrative fee of \$100, will be issued for all cancellations received two weeks before the start of the course. Refund requests must be received by email. No refund will be issued should cancellation occur less than two weeks before the course. "No shows" are subject to the full course fee and no refunds will be issued once the course has started.

### Questions?

By phone: 617-384-8600 Monday-Friday, 9:00am to 5:00pm (ET).

By email: [CEPrograms@hms.harvard.edu](mailto:CEPrograms@hms.harvard.edu).

**IMPORTANT:** We are closely monitoring the COVID-19 pandemic and guidelines from the CDC; your health and safety is our top priority. Should it become necessary to cancel the live course, you can choose to participate in the livestream option or cancel for a full refund.

## General Information

### Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Harvard Medical School designates this live activity for a maximum of 11 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Risk Management

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for 1.25 credits of Risk Management Study. Please check with your individual state licensing board before claiming risk management credit(s).

### ABIM Maintenance of Certification

Successful completion of this CME activity enables the participant to earn up to 11 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to the ACCME for the purpose of granting ABIM MOC points.

### Canadian Accreditation

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

### European Accreditation

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credits™* to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits™* to ECMECs® can be found at: [www.eaccme.eu](http://www.eaccme.eu).

### Nurse Practitioners

For the purpose of recertification, the American Academy of Nurse Practitioners Certification Board and American Nurses Credentialing Center accept *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME. Learners should check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credit™* for relicensure.

### Physician Assistants

The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification. Learners should check with their state licensing board to ensure they accept reciprocity with *AMA PRA Category 1 Credits™* for relicensure.

## Day 1: Friday

7:00am – 8:00am	<i>Registration and Breakfast</i>
8:00am – 8:15am	<b>Introduction and Welcome</b>   Morgentaler
8:15am – 8:45am	<b>The Importance of Testosterone in Men's Health</b>   Morgentaler
8:45am – 9:15am	<b>History of Testosterone Therapy: Where We Have Been and Where We Are Going</b>   Morgentaler
9:15am – 9:45am	<b>Is It Low T or Natural Aging: Physiology and Pathophysiology of Testosterone Deficiency</b>   Traish
9:45am – 10:15am	<i>Refreshment Break</i>
10:15am – 10:30am	<b>What's in a Name? Understanding the Terminology</b>   Morgentaler
10:30am – 11:00am	<b>Impact of Testosterone Deficiency: Health Consequences</b>   Traish
11:00am – 12:00pm	<b>Who Is a Candidate for Testosterone Therapy? Guidelines and Clinical Recommendations</b>   Morgentaler
12:00pm – 1:15pm	<i>Lunch Break</i>
1:15pm – 1:45pm	<b>Navigating a Sea of Guidelines: What You Need to Know</b>   Morgentaler
1:45pm – 2:30pm	<b>How to Treat: Injections, Topicals, Pellets, Orals, Nasal</b>   Morgentaler
2:30pm – 3:00pm	<i>Refreshment Break</i>
3:00pm – 3:30pm	<b>Prostate Cancer and BPH Risks: What's the Truth?*</b>   Morgentaler
3:30pm – 4:00pm	<b>Addressing Cardiovascular Disease Risks*</b>   Traish
4:00pm – 4:15pm	<b>Other Risks and Their Management*</b>   Morgentaler
4:15pm – 4:45pm	<b>"Hormonophobia": Why Is Testosterone Therapy Controversial?</b>   Morgentaler
4:45pm – 5:15pm	<b>Managing Testosterone Deficiency in Men Wishing to Preserve Fertility: Effective and Safe Interventions</b>   Morgentaler
5:15pm – 6:00pm	<b>Management of Complex Clinical Cases: A Case-Based Session</b>   Morgentaler

## Day 2: Saturday

7:30am – 8:30am	<i>Registration and Breakfast</i>
8:30am – 9:30am	<b>How to Evaluate and Treat Men with Erectile Dysfunction: Management Strategies Beyond Pills</b>   Carrasquillo
9:30am – 10:00am	<b>New and Cutting-Edge Treatments for ED: Low-Intensity Shock Wave Therapy and PRP</b>   Morgentaler
10:00am – 10:30am	<b>Evaluation and Management of Peyronie's Disease</b>   Carrasquillo
10:30am – 11:00am	<i>Refreshment Break</i>
11:00am – 11:30am	<b>Premature and Delayed Ejaculation: Recommendations for Optimal Care</b>   Carrasquillo
11:30am – 12:30pm	<b>Bringing It All Together: Questions and Discussion</b>   Faculty

\*Qualifies for Risk Management Credits

## Program Highlights

- The importance of testosterone in male health
- The ABCs of testosterone
- Can testosterone be used in men with prostate cancer?
- Reducing risks, including cardiovascular disease
- Effective and safe interventions to preserve fertility
- Is it low T or natural aging?
- The who, when and why of testosterone replacement therapy
- Advising patients on testosterone myths and facts
- Addressing “hormonophobia”: What’s the truth?
- Evidence-based solutions for improving male sexual problems
- Diagnosis and treatment of Peyronie’s disease
- Real-world evidence — who’s a candidate for T therapy?
- Recent updates on society guidelines and recommendations
- Management of complex cases
- How to handle adverse effects from treatment (i.e., erythrocytosis, rise in PSA)
- Practical pearls from Dr. Morgentaler

## Learning Objectives

At the end of the course, you will be able to:

- Discuss how to identify individuals with testosterone deficiency
- Identify risks and benefits of testosterone therapy
- Recognize the advantages and disadvantages of each of the treatment options for management of male sexual dysfunctions

### Disclosure Policy

Harvard Medical School (HMS) adheres to all ACCME Essential Areas, Standards, and Policies. It is HMS’s policy that those who have influenced the content of a CME activity (e.g., planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that HMS may identify and resolve any conflicts of interest prior to the activity. These disclosures will be provided in the activity materials along with disclosure of any commercial support received for the activity. Additionally, faculty members have been instructed to disclose any limitations of data and unlabeled or investigational uses of products during their presentations.

### Disclaimer

CME activities accredited by Harvard Medical School are offered solely for educational purposes and do not constitute any form of certification of competency. Practitioners should always consult additional sources of information and exercise their best professional judgment before making clinical decisions of any kind.

## Accommodations & Travel

A limited number of discounted rooms have been reserved at each destination for course participants. To reserve your room online, visit the Venues page on the course website at **HMStestosteroneCourse.com** and select your preferred location for a dedicated reservation link.

### Important to Note

- We urge you to make your reservations early!
- Discounted rooms are available on a first-come, first-served basis.
- Discounted room rates are offered three nights before and after the program dates (based on availability).
- The discounted rate is only available until three weeks before the course at each destination, or until the block sells out, which typically happens in advance of this date.
- Daily resort fees apply at each venue.

Please visit the Venues page at **HMStestosteroneCourse.com** for specific details on accommodations, air travel and ground transportation.

**REGISTER NOW: [HMStestosteroneCourse.com](https://www.hmstestosteronecourse.com)**

## 2 Resort Destinations

This innovative program has been designed to provide focused continuing medical education in destinations that allow you to learn as well as relax. We hope you will join us in one of these beautiful locations for a weekend of learning.

**January 15-16, 2021**

### **JW Marriott Orlando, Grande Lakes**

4040 Central Florida Parkway  
Orlando, FL  
407-206-2300

Make your Florida escape an extraordinary one at JW Marriott Orlando, Grande Lakes. Towering above its 500-acre setting of lush, tropical landscape, this dazzling Orlando luxury resort offers an escape unlike any other, only minutes from the fun and excitement of Orlando's theme parks. Take advantage of endless recreation options, from the popular lazy river and bike trails to AquaCourse 360; unwind at the opulent spa; or play a round of golf at the world-class Greg Norman-designed 18-hole course. At Grande Lakes, great food is never far away, with 11 dining options on the property. Whether you choose to explore or relax poolside, the JW Marriott has something for everyone in sunny Florida.



**June 4-5, 2021**

### **The Westin Kierland Resort & Spa**

6902 E. Greenway Parkway  
Scottsdale, AZ  
480-624-1000

Located in the stunning Sonoran Desert, The Westin Kierland Resort & Spa sits in Paradise Valley, Arizona, just steps away from upscale shopping, dining and entertainment. Play on three golf courses; enjoy the robust pool complex, which includes a thrilling Adventure Water Park, lazy river and waterslide; or escape to the spa and relax. The area boasts more than 125 art galleries and museums in addition to parks and hiking trails. Outdoor enthusiasts will appreciate the nearly 200 courses in the area for world-class golfing, and Camelback Mountain offers the ideal location to hike. You will leave feeling rested, enriched and renewed.



#### **COVID-19 Commitment to Clean**

Information is available on the course website about the processes and procedures the hotels are taking to ensure your health, safety and comfort. We continue to monitor and follow the evolving guidelines set forth by the Centers for Disease Control and Prevention (CDC) and local and federal mandates.

**REGISTER NOW: [HMStestosteroneCourse.com](https://www.HMStestosteroneCourse.com)**



**HARVARD**  
MEDICAL SCHOOL

Department of Continuing Education  
PO Box 825  
Boston, MA 02117-0825

# Testosterone Therapy and Men's Health



**NEW!** Livestream option available



**Updates, best practices, tools and optimized strategies for testosterone therapy and men's health**

- Who is a candidate for testosterone therapy
- Comprehensive evaluation of the patient with testosterone deficiency
- How to preserve fertility during treatment for testosterone deficiency
- Choosing among the numerous testosterone treatment options, including topicals, injections, pellets and nasal gels
- The role of anti-estrogens in management of testosterone deficiency
- How to evaluate and treat men with ED — beyond the pills



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**REGISTER NOW: [www.HMStestosteroneCourse.com](http://www.HMStestosteroneCourse.com)**